Social, Emotional, and Academic Development

What we know about social, emotional, and academic development.

Nine out of ten teachers believe social and emotional skills can be taught and that it benefits students.¹

Four in five teachers want more support to address students’ social and emotional development.¹

75% of the words students use to describe how they feel at school are negative. Students most commonly report they are tired, stressed, and bored.²

Integrating social and emotional development improves students’ attitudes and engagement.³

Growth in occupations that require the mastery of social and emotional skills has outpaced growth of all other occupations.⁴

Eight in ten employers say social and emotional skills are the most important to success and yet are also the hardest skills to find.⁵

Social and emotional competency is at least as predictive of academic and career achievement as is IQ.⁶

Supporting students’ social and emotional development produces an 11-percentage-point gain in grades and test scores.³

Social and emotional skills help to build cognitive skills. They help students learn academic content and apply their knowledge.⁷

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Attention to social and emotional development is not only valuable in early childhood. **Sustaining a focus on social and emotional growth through adolescence is crucial** for improving achievement and outcomes beyond school.\(^9\)

Integrating social and emotional development with academic learning returns **$11 for every $1 invested.**\(^10\)

### High social and emotional competency...

**Increases** high school graduation rates, postsecondary enrollment, postsecondary completion, employment rates, and average wages.\(^11\)

**Decreases** dropout rates, school and classroom behavior issues, drug use, teen pregnancy, mental health problems, and criminal behavior.\(^11\)

### CITATIONS